

By 2 yrs children can normally:

Follow simple instructions

Use 30 words or more



“Let’s talk
and play
together”

If this is **not** the case or you have any concerns regarding your child’s speech and language development, please contact Simply Speaking.

Simply Speaking UK Limited

With

Michelle Sims

Speech and Language Therapist

BMedSci(Hons), Cert MRCSLT, MHPC, MASLTIP

Mobile: 07973 674886

Email: michelle@simplyspeaking.org.uk

www.simplyspeaking.org.uk



Activities to encourage speech
and language development in
0-2 year olds

Why is the development of speech and language skills important?

Good speech and language skills are:

Linked to early success at school

Needed to develop good reading/writing skills

Encourages other areas of development

How can I help?

Spend time talking to your child (whether or not they are talking yet)

Talk through routines e.g. bath time

Spend special time together playing

Talk about the toys your child is playing with

ALL games should be played with the TV off and minimum distractions

I'm 0-3 months: What can we play together ?

Sing to me

Copy my sounds

Talk to me about what you are doing

I'm 3-6 months: What can we play together?

I will enjoy noisy toys

Talk to me about what I'm playing with

Look at books with me

I'm 6-12 months: What can we play together?

Let's make sounds together e.g moo, choo-choo, tick-tick

Name objects for me

Let's play peek-a-boo

Let's sing songs together with actions e.g. row, row, row your boat

I'm 1-2years: What can we play together?

Name things for me

Give me choices e.g. "do you want juice or milk"?

Leave a long pause for me to answer you

Let's play with simple jigsaws, books, bricks and tea sets

Repeat words I say

I will love to sing with you

Ask me to get things e.g. my shoes, a favourite toy etc

Things to avoid:

Try not to ask too many questions e.g. "what's that?" or ask your child to repeat things e.g. "say car"